Personal Statement Advice for 2026 entry









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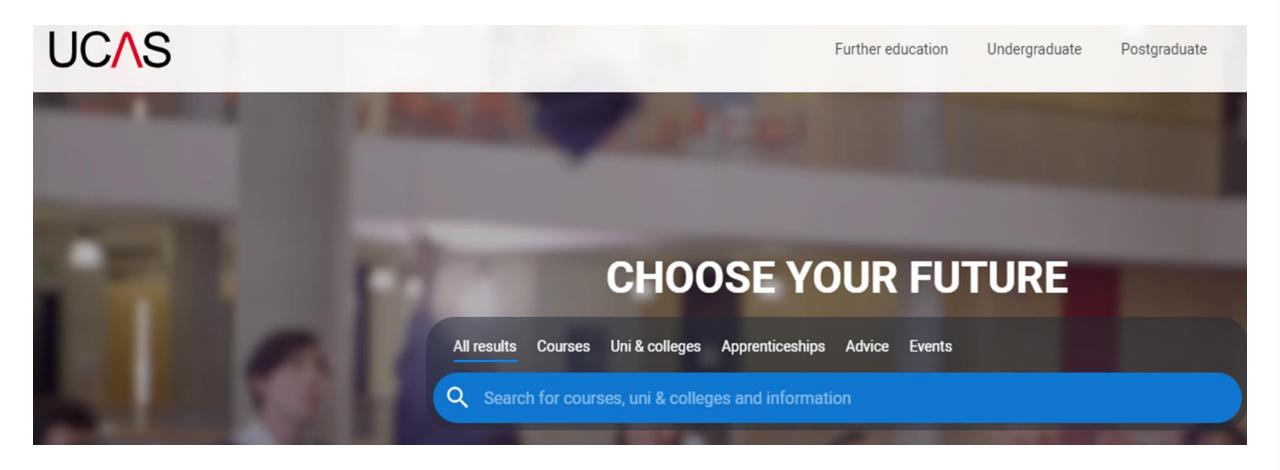


What is a Personal Statement?



Introducing UCAS





What is the Personal Statement?



- The Personal Statement forms a large part of your application to Universities through the UCAS website.
- It is your opportunity to tell your chosen universities:-

Why you are applying for your chosen subject

Why they should offer you a place

How enthusiastic you are about the course



How important is the Personal Statement?



- It forms the University's decision for competitive courses and Universities. It might be their only impression of you.
- It could lead to an interview and prompt further questions.
- It explains your relevant work experience and skill set.
- It could persuade a University to accept you if you narrowly miss your offer.





Getting started: the basics



The Basics



4,000-character limit across 3 sections

Minimum of 350 characters per section (including spaces) Don't waste characters repeating information across the sections or listing subjects/qualifications studied.

The new structure



The Personal Statement remains a student's opportunity to:

- Show passion, curiosity and knowledge
- Evidence relevant skills and potential
- Communicate genuine interest and a desire to learn more

The structure is there to encourage students by providing prompts to link their academic study and extra-curricular activities to their chosen area(s) of study.

Some of your examples may
fit in all three questions, but
it is important to remember
not to repeat yourself as
Universities and Colleges
will review the three
sections as one.

The three new questions





Why do you want to study this course or subject?



How have your qualifications and studies helped you to prepare for this course or subject?



What else have you done to prepare outside education, and why are these experiences useful?

What could you include?



Question 1: Why do you want to study this course or subject?

Motivations for studying this course(s):

- Have you been inspired by a key role model or moment in your life?
- Is it a subject you love and want to pursue further?
- What is your drive?
- How has your path led you to this course or subject area?

Knowledge of this subject area and interests:

- Is there a particular subject area you've researched?
- Something you cannot wait to learn more about?
- What about a book or subject expert doing great things that's sparked your interest?

Demonstrate why this course/subject is a good fit:

- Do you already have a particular profession in mind?
- What's important to you and your future, and how might the knowledge gained from your chosen course(s) help you to achieve this?

What could you include?



Question 2: How have your qualifications and studies helped you to prepare for this course or subject?

How their studies or training relate to chosen course(s) or subject area:

- This could be current or previous studies.
- From any form of formal
 education think school,
 college, training provider, or
 short online university course.

What relevant or transferable skills they have that make them a great candidate:

- Are there a couple of subjects
 that helped develop a core set
 of relevant skills required for
 their chosen course(s).
- Maybe a particular module or project helped them understand where their interests and strengths lie.

Any relevant educational achievements:

- Universities and colleges will see grades on their application – do not waste space talking about these.
- Focus on accomplishments like
 a competition or holding a
 position of responsibility.

What could you include?



Question 3: What else have you done to prepare outside of education, and why else are these experiences useful?

Work experience, employment, or volunteering:

- In-person or virtual work
 experience.
- Paid for work or volunteering.
- The key thing is
 reflection on the
 experiences and the
 skills gained relevant to
 their chosen course(s).

Personal life experiences or responsibilities:

- Is there a situation they
 have personally
 overcome that has
 influenced their decision?
- Are there personal
 experiences that have
 helped them develop
 essential qualities for the
 course?

Hobbies and any extracurricular or outreach activities:

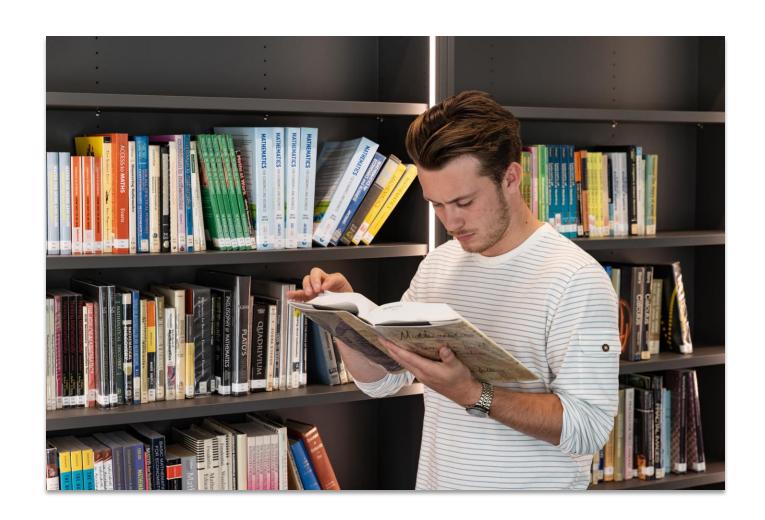
- Think sports, reading, community work, summer schools.
- Any activities outside of core studies that help further showcase why they would make a great student.

Achievements outside of school or college:

This could be a position
 of responsibility for local
 clubs or groups,
 competitions, or
 qualifications they've
 attained outside of the
 classroom.

Wider Research



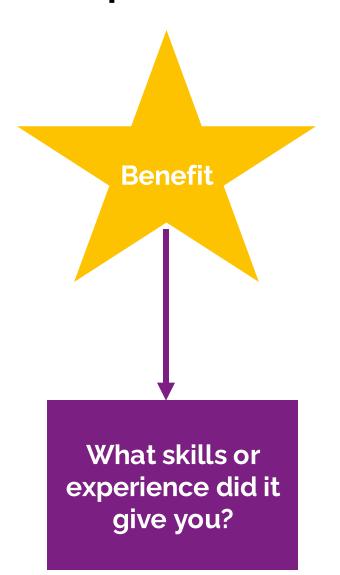


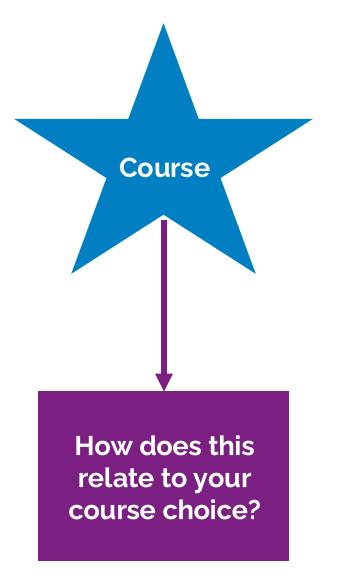
Podcasts Documentaries Free online courses **Summer Schools** Museums **Public Buildings TED Talks Taster Days Journal Articles**

Make it relevant: ABC Technique









ABC example





Action - Alongside my studies I work part-time in a coffee shop...



Benefit ...where I have been able to develop my communication skills. I have been able to expand this due to the difference audiences I interact with, for example customers from a variety of backgrounds, as well as my colleagues

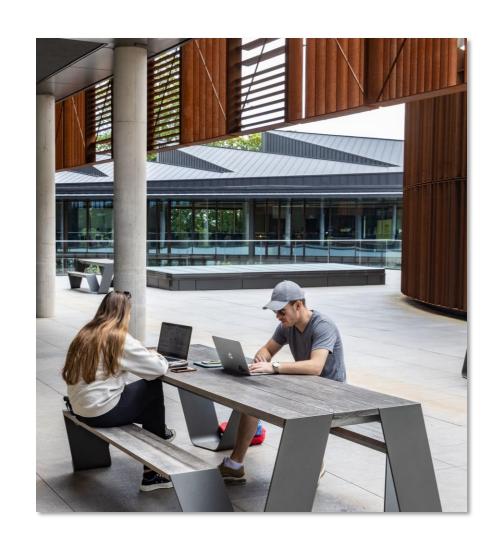


Course/Career ...developing ways of communicating including repetition and using non-verbal signals has enhanced my skills which will be useful as I progress through my course.

How many different courses are you applying for?



- One personal statement for all 5 choices.
 - Make sure it is equally appealing for all 5!
- For combined honours:
 - Refer to both subjects, make it equally appealing.
 - Find common themes and skills.
- For different courses:
 - Have you considered your choices carefully?
 - Lean towards the most competitive course.
 - Find common themes and skills.
 - Consider contacting universities re. a supporting statement.



What are Admissions Tutors looking for?



- Evidence of academic ability- what do you know and what do you understand about it – how does it connect to other information/events
- A genuine interest in the subject and a desire to learn more about it
- Qualities and skills that make you suitable for your chosen course and for Higher Education – may include work experience
- Well written no spelling/grammar mistakes
- Confidence but not arrogance
 - "My EPQ has provided me with valuable experience of researching and presenting project work. This will be a great asset for me when completing my dissertation."





Enhancing your Personal Statement



Enhancing your Personal Statement





Read to build your subject knowledge. Books, Academic Papers and Research, Google Scholar.



Watch content
around
your chosen
subject.
Documentaries,
films, Online
lectures,
YouTube,
Webinars.



Listen to Podcasts – there are so many!



Visit places of relevance. Ask questions of people who work there.



MOOCs available via Coursera, FutureLearn, or Unifrog.

Skills you could talk about





Communication **Teamwork Time Management Independent Working Problem-solving** Commitment Leadership Adaptability Responsibility

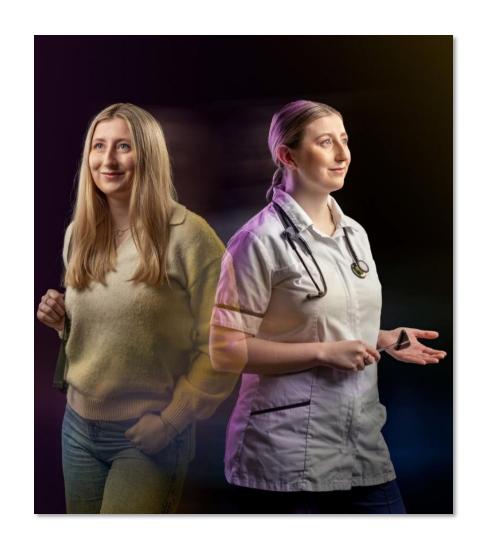
Do you need work experience?



- Check the University website and course requirements.
- It may be essential for some courses.
- Your college will be able to support you finding Work Experience.
- UCAS has a guide on how to source Work Experience.

Helps demonstrate commitment to course, genuine interest, and provides evidence for a large number of skills.

Could be Work
Experience,
Volunteering, Placements,
or Virtual work experience





Think you have completed it?



Tips for checking your Personal Statement



Try reading it out loud

Utilise teachers / friends / family members

Make sure you check names, dates and technical language.

Does every sentence provide new information?

Your spelling, grammar and punctuation need to be perfect!

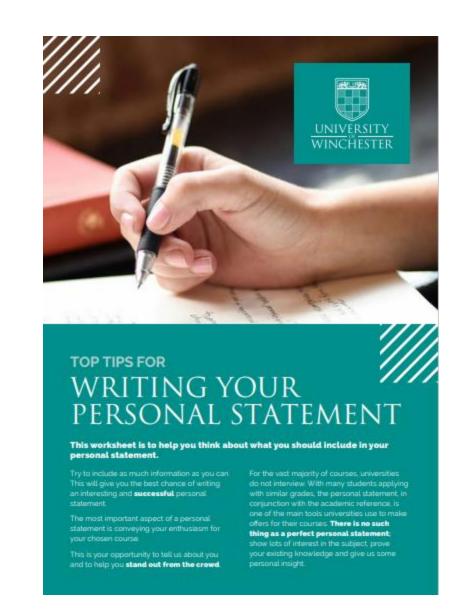
Make sure there is no passive language (e.g. 'I feel')



Where to get help







UCAS Support



↑ / Applying / Applying to university / Writing your personal statement

2026 PERSONAL STATEMENT GUIDES

Explore this section >



Business

- Accounting and finance
- Business and management studies
- Economics
- Events management
- Hospitality, leisure, and tourism
- Marketing



Engineering and architecture

- · Aeronautical and aerospace engineering
- Architecture and planning
- . Building and construction
- Chemical engineering
- Civil engineering
- Electrical and electronic engineering



Healthcare

- Biomedical science
- Counselling, psychotherapy, and occupational therapy
- Dentistry
- Health
- Optometry
- Paramedic science

Similarity detection



All personal statements are checked by Copycatch

Any statements showing a level of similarity of 30% or greater will be reviewed by members of the UCAS verification team

The universities are then informed by UCAS and they will decide how to deal with it.

Find out more



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